



International Project Week  
HOCHSCHULE NORDHAUSEN

## 25<sup>th</sup> International Project Week 2023 08<sup>th</sup> – 13<sup>th</sup> May 2023

**Lecturer:** Jerry Gale & Donald Bruce Ross

**University/Company:** University of Georgia and University of Kentucky

**Country:** USA

**Only for students of “Systemische Beratung”!**

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### Systemic Financial Therapy

#### **Content:**

Finances impact our lives and relationships. We learn from our parents, society, media, and social context. Finances affects our partnerships, relationships, and how we communicate with others. We will discuss how to intervene with individuals and couples as a financial therapist through a lens of cultural humility, political-socio-economic affects, and social ecology. Discussions through macro, meso, and micro levels will tie into how we “talk” about money and our lives. Topics of money management, money values and beliefs, financial socialization, intergenerational family financial patterns, neuro-economics and financial trauma, ethics, and meaning making with money will also be discussed.

#### **Methods:**

- Lecture
- Discussion
- Practice
- Writing
- Video tapes and role play

#### **Competences and skills to be acquired:**

Learn theory, modalities, and techniques of systemic financial therapy. Learn to analyze the interplay among cognitions, emotions, behaviors, relationships, and money. Learn to examine personal thoughts on attitudes, expectations, and feelings about money and money management habits. Learn to implement and recognize ethical standards and issues in financial therapy practice. Learn skills for intervention and prevention in financial therapy practice. Learn skills for financial literacy education personally, as well as for clients and family. Learn a money genogram from a systemic and ecological lens. Learn about social determinants of health. Learn skills to address anxiety and fear about financial behavior

#### **Prerequisites:**

We will send academic journal manuscripts to read before class.

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**Language of instruction:**  
English

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