

## **23<sup>rd</sup> International Project Week** **12<sup>th</sup> – 16<sup>th</sup> July 2021**

**Lecturer:** Jerry Gale

**University/Company:** University of Georgia

**Country:** USA

---

### **A systemic approach to relational financial therapy**

**Content:**

This course introduces participants to the cross-disciplinary field of relational financial therapy. The history of the field, key practices, knowledge and skills as well as best ethical practices will be presented. Also presented will be guidelines for cross-disciplinary collaboration, ideological considerations of practice, and how self-of-therapist is addressed. International and cultural considerations will also be discussed, as well as social determinants of health and how finances play a role in health and wellbeing.

**Methods:**

Lectures, role play, small group discussion, reading, experiential activities, some videos and self-reflection.

**Competences and skills to be acquired:**

Students will acquire knowledge of 'what is financial therapy', they will learn skills to incorporate it into clinical practice, they will learn aspects of how their own history and cultural context influences their own values and assumptions, how finances play a role in health and wellbeing (social determinants of health) they will learn ethical considerations to help them maintain professional practice. They will also learn skills for self-care and helping clients manage their emotional reactivity over financial concerns.

**Prerequisites:**

There will be 3-4 papers to read prior to the course.

**Language of instruction:**

English

**Recommended for:**