

## **23<sup>rd</sup> International Project Week** **12<sup>th</sup> – 16<sup>th</sup> July 2021**

**Lecturer:** Marina de la Maza Escobedo and Albert Casan Milla

**University/Company:** Basket Beat: esport, art, educació i acció social

**Country:** Spain

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### **Basket Beat: art, movement, education and social transformation**

#### **Content:**

- Arts as social action and educational methodology
- Elements from the Basket Beat method: training group, stop moment, participant observation, socio-educational support, growth through musical experience and transfer between dynamics, exercises and abilities for life.
- The group as a space and strategy for socio-educational support
- Educational directionality and the conception of education, culture and social problems
- Identification, visibility and transfer.
- The observation, the silence, the question and the change of place
- Review our role as educators
- Self-awareness or metacognition as the pillar of emotional intelligence.
- Influence of emotions in our perception.
- Music as a tool to transform the state of consciousness

#### **Methods:**

We will form a training group to reach the goals that are proposed while being an active subject of the Basket Beat process. Through the creation of music and group dynamics with basketballs, we can identify and learn techniques and resources for our socio-educational development.

#### **Competences and skills to be acquired:**

- Abilities for life, especially those that refer to learning how to learn and learning to live together.
- Capacity to solve problems, analyze critically and make decisions for different contexts (academical, professional, personal, etc.)
- Ability to work in a team and develop creative proposals.
- Lead groups, initiatives, projects and professional teams.
- Incorporate art and culture as methodologies for the actions of the professionals participants.

#### **Prerequisites:**

Basket Beat's methodology is open for everyone. It can enrich and contribute to the participants' personal development, independent of their own personal or academic interests.

#### **Language of instruction:**

English

#### **Recommended for:**

Interdisciplinary