

**21<sup>st</sup> International Project Week 2019**  
**20<sup>th</sup> – 24<sup>th</sup> May 2019**

**Lecturer:** Daniel-Ovidiu Tanc

**University/Company:** RVE Oradea

**Country:** Romania

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**Social Support and Reintegration of People with Depression and Anxiety Disorders**

**Content:**

Mental disorders and social problems,  
Depression and anxiety: definition, causes, symptoms,  
Types of depression and anxiety and their social implications,  
The role of social institutions in reintegrating people with depression and anxiety,  
Study cases,  
Depression and anxiety: treatment and social reintegration.

**Methods:**

Direct interaction with students in the classroom,  
Team work and round tables to discuss about depression and anxiety,  
Individual research related to these subjects.

**Competences and skills to be acquired:**

Knowledge about depression and anxiety and about their effects upon individual and social relations,  
Knowledge about the role of institutions related to these problems,  
Ability to identify people with these disorders,  
To know how to interact with individuals and help in such cases.

**Prerequisites:**

Basic knowledge about social care.

**Language of instruction:**

English

**Recommended for:**

Sozialwissenschaften