

Abstract

How is currently the work with relatives in inpatient rehabilitation implemented? Which challenges arise and how could these difficulties be solved?

This master thesis provides an expanded understanding of the importance of relatives and the social environment in dependence disorders and focuses on the integration of significant others in an inpatient rehabilitation setting. The aim was to develop conceptual recommendations for a goal-oriented and generally appropriate work with relatives in this kind of treatment. For this purpose, eight qualitative interviews were conducted with nine social workers, social pedagogues and therapists in selected types of institutions. From these results hypotheses were formed which relate to the opportunities and the optimization of work with relatives in terms of dependence disorders. The results showed that challenges can be identified, which concern the available resources of the institution, the motivation in terms of inclusion in the treatment, the distance from home or the communicationstrategies. In future it will become a more significant issue hat the entire society works towards reducing stigma of dependence disorders. To adapt and improve the work with relatives in an inpatient rehabilitation setting it is also important to develop evaluative strategies and to search constantly for possibilities of improving and optimizing processes.